



# SPECIAL EATS



## Samosa Sandwich

Served with Cucumbers, Onion, Tomatoes, Cheddar Cheese with Coriander & Tamarind Sauce

\$8.50

## Soups With Half Sandwich

Served with Grilled cheese sandwich  
Choose Clam Chowder/Creamy  
Tomato

\$12.00



## Overnight Oatmeal With Chia Seeds & Almond Milk

Topped with Berries

\$5.0

## Veg/Non-Veg Shawarma

Fresh Veggies, Falafel, Humus  
with Pita Bread Choose Chicken

\$15.00



## Spicy Bbq Chicken Panini

Jalapenos, BBQ Sauce, Cheese,  
Shredded Chicken on Sliced  
Sourdough

\$13.00

## Chicken Bacon Ranch Panini

Ranch Sauce, Provolone, Bacon, Shredded  
Chicken on Sliced Sourdough

\$13.50



## Bbq Roast Beef Panini

Cheddar cheese, Caramelized Onions,  
BBQ Sauce on Sliced Sourdough

\$13.00



# MENU

## Protein Bowls

SALMON	\$17.00
CHICKEN	\$15.00
STEAK	\$15.00
Veggie	\$15.00



## Salads

SALMON SALAD	\$15.50
CHEF SALAD	\$13.50

## Sandwiches

TURKEY PESTO PANINI	\$13.00
VEGGIE PANINI	\$10.00
GRILLED CHEESE	\$7.00
CHICKEN SALAD SANDWICH	\$13.00
BLT	\$13.00
BREAKFAST SANDWICH	\$11.50
AVO SUNDRIED TOMATO PANINI	\$11.50
TUNA SALAD SANDWICH	\$12.00
TUNA MELT	\$12.00
TUNA MELT	\$13.00



## Smoothies

SUPERFRUIT	\$8.50
CHEF SALAD	\$8.50

## Wraps

TURKEY	\$13.00
VEGGIE AVOCADO	\$12.00
CHICKEN	\$13.00
BREAKFAST BURRITO	\$12.50



## Toast



SAVOCADO	\$10.50
BUTTER	\$4.50
CINNAMON SUGAR	\$4.50

## Fruit Bowls

ACAI BOW	\$10.00
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## Coffee Drinks



	4oz	8oz	12oz	16oz
Drip Coffee	-	-	\$3.85	\$4.10
Espresso	\$4.10	-	-	-
Macchiato	\$4.35	-	-	-
Cartado	\$4.35	-	-	-
Cappuccino	-	\$4.85	-	-
Americano	-	\$4.35	\$4.35	\$4.35
Latte	-	-	\$5.50	\$6.00
Maple Cinnamon Latte	-	-	\$6.50	\$7.00
Mocha	-	-	\$6.25	\$6.75
Cold Brew	-	-	\$5.50	\$6.00

## Non-Coffee Drinks



	4oz	8oz	12oz	16oz
Chai Latte	-	-	\$5.50	\$6.00
Golden Chai Latte	-	-	\$5.85	\$6.35
Matcha Lemonade	-	-	\$5.85	\$6.35
Matcha Latte	-	-	\$5.85	\$6.35
Lemonade	-	-	\$4.00	\$4.50
Hot Chocolate	-	\$3.30	\$3.80	\$4.30
Steamer	-	\$2.25	\$2.75	-
Tea	-	-	-	(HOT) \$5.25 (ICED) \$5.25

## SPECIALITY TEA.



	4oz	8oz	12oz	16oz
English Breakfast	-	-	-	\$5.25
Golden Gate	-	-	-	\$5.25
Jasmine Blossom	-	-	-	\$5.25
Chamomile Lavender	-	-	-	\$5.25
Mint Medley	-	-	-	\$5.25
Hibiscus Cooler	-	-	-	\$5.25
Tumeric Lemon Ginger	-	-	-	\$5.25

## Alternative Milks

## Flavors

OAT, ALMOND, BREVE .....\$0.75      Vanilla, SF Vanilla .....\$0.75  
 Honey, White chocolate,  
 Caramel, Lavender, Turmeric